

Jan. 7-18, 2018
Lunch \$2.75

TANQUE VERDE HIGH SCHOOL EMILY GRAY JR. HIGH

	<i>1/7/19</i>	<i>1/8/19</i>	<i>1/9/2019</i>	<i>1/10/2019</i>	<i>1/11/2019</i>
	Cheeseburger	Burgers	Burgers	Mini Corn dogs	Cheese
SANDWICH	Spicy Chicken Patty	Chicken Patty	<i>Chicken Patty</i>	Chicken Patty	Spicy Chicken Patty
MAIN ENTRÉE	Ravioli w/ breadstick	PIZZA HUT (EG) Bean & Cheese Quesadilla w/ Rice 195	PIZZA HUT (TVHS) & Cheese w/ breadstick. 88	BBQ Pork on a bun w/ Tator Tots 153	Breakfast For Lunch!!
	<i>Don't forget the Fresh Fruit & Veggies</i>	<i>Salad bar for fruits & veggies!!!!!!</i>	<i>Fresh fruit & veggies offered daily!</i>	<i>Our salad bar has fresh fruit & veggies!</i>	<i>Choose 2-3 fruit & veggies from our salad bar!</i>
Cold Choice	Ham & Cheese on Rye 106	Cold Cut Sandwich 204	Chicken Salad Sandwich 58	Pasta Salad 101	Turkey Wrap 103
VEGGIES	Pinto Beans	Salsa	Carrots	Pickles	Potatoes
FINISHING BAR					

* At least two varieties of milk will be offered daily

	<i>1/14/19</i>	<i>1/15/2019</i>	<i>1/16/2019</i>	<i>1/17/2019</i>	<i>1/18/19</i>
	Burgers		Burgers	Burgers	Cheeseburgers
SANDWICH	Spicy Chicken Patty	NFS	Chicken Patty	Chicken Patty	Spicy Chicken
MAIN ENTRÉE	Nachos w/ beef, chicken or beans & rice 40	LATE START	PIZZA HUT (HS) Grilled Ham & Cheese on Rye Bread w/ pickle 74	Alfredo w/ breadstick 97	Mini Corn Dogs w/ Sweet Potato Fries
	<i>Snag some fresh Fruit or veggies!</i>	<i>Choose one or more fruits & veggies!</i>	<i>We have a great salad bar!!</i>	<i>Stop @ the salad for your fresh</i>	<i>We have fruit & veggies daily!</i>
Cold Choice	Sunbutter & Jelly Sandwich 37	SEE YOU TOMORROW!	Tuna Salad Sandwich 19	Turkey & Cheese 85	BLT Salad 115
VEGGIES	Avocado	:)))	Carrots	Sliced Cucumbers	Sliced Yellow Peppers
FINISHING BAR	Finishing Bar	Finishing Bar	Finishing Bar	Finishing Bar	Finishing Bar


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THIS INSTITUTE IS AN EQUAL OPPORTUNITY PROVIDER

Jan. 21-Feb. 1, 2019

**TANQUE VERDE HIGH SCHOOL
EMILY GRAY JR. HIGH**

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	1/21/2019	1/22/2019	1/23/2019	1/24/2019	1/25/2019
	NFS	Burger	Burger	Burger	Cheeseburger
SANDWICH	<p><i>"Faith is taking the first step even when you don't see the whole staircase."</i></p>  <p><i>Martin Luther King, Jr.</i></p>	Chicken Patty	Chicken Patty	Chicken Patty	Spicy Chicken
MAIN ENTRÉE		PIZZA HUT (EG) Fish Sticks w/ Fries	PIZZA HUT (HS) Chicken Nuggets & mashed potatoes	Mexican Rice Bowl 42	Philly Cheesesteak sub w/ pickle 79
		REMEMBER TO CHOOSE ONE OR MORE SERVINGS OF FRUITS/VEGGIES	REMEMBER TO CHOOSE ONE OR MORE SERVINGS OF FRUITS/VEGGIES	REMEMBER TO CHOOSE ONE OR MORE SERVINGS OF FRUITS/VEGGIES	REMEMBER TO CHOOSE ONE OR MORE SERVINGS OF FRUITS/VEGGIES
Cold CHOICE		Ham & Cheese Sub 33	Diced Ham Salad 137	Graden Salad 187	Mandarin Chicken Salad 73
VEGGIES		Cole Slaw	Tomatoes	Pepperoncinis	Garbanzo Beans

	1/28/2019	1/29/2019	1/30/2019	1/31/2019	2/1/2019
	Cheeseburgers	Burgers	Burgers	Burgers	Cheeseburgers
Sandwich	Spicy Chicken Patty	Chicken Patty	Chicken Patty	Chicken Patty	Spicy Chicken Patty
MAIN ENTRÉE	Spaghetti & Meatballs 99	PIZZA HUT (EG) Chicken Tacos 46 w/ refried beans	PIZZA HUT (HS) Grinder Subs w/ pickle & chips 194	BBQ Pork mashed potato bowl 87	Chicken Fajita Rice Bowl 142
	REMEMBER TO CHOOSE ONE OR MORE SERVINGS OF FRUITS/VEGGIES	REMEMBER TO CHOOSE ONE OR MORE SERVINGS OF FRUITS/VEGGIES	REMEMBER TO CHOOSE ONE OR MORE SERVINGS OF FRUITS/VEGGIES	REMEMBER TO CHOOSE ONE OR MORE SERVINGS OF FRUITS/VEGGIES	REMEMBER TO CHOOSE ONE OR MORE SERVINGS OF FRUITS/VEGGIES
COLD CHOICE	Cold cut Sub w/ pickle 204	Cobb Salad 70	Mandarin Chicken Salad 73	Turkey Cranberry Wrap 207	Ham, Cheese, & Veggies Wrap 103
VEGGIES	Carrots	Black Beans	Red & Green Peppers	Cauliflower	Romaine Lettuce
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Feb. 4-8, 2019
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	<i>2/4/19</i>	<i>2/5/19</i>	<i>2/6/2019</i>	<i>2/7/2019</i>	<i>2/8/2019</i>
	Cheeseburger	Burgers	Cheeseburger	Burgers	Spicy Chicken Patty
Sandwich	Spicy Chicken patty	Chicken Patty	Chicken Patty	Chicken Patty	Spicy Chicken Patty
			"E/R EGJH NFS"		
MAIN ENTRÉE	Ravioli w/ roll	PIZZA HUT (EG) Chicken & Vegetable Pasta w/ roll 189	PIZZA HUT (HS) Chicken Taquitos w/ refried beans	Cheese Tortellini with marinara sauce & breadstick 111	Green Chili Pork Burrito 154 w/ refried beans
	<i>REMEMBER TO CHOOSE ONE OR MORE SERVINGS OF FRUITS/VEGGIES</i>	<i>REMEMBER TO CHOOSE ONE OR MORE SERVINGS OF FRUITS/VEGGIES</i>	<i>REMEMBER TO CHOOSE ONE OR MORE SERVINGS OF FRUITS/VEGGIES</i>	<i>Choose delicious fruit & veggies today!</i>	<i>Don't forget to top by the Salad bar for fruit & veggies!</i>
COLD CHOICE	Spicy Popcorn Chicken salad 184	BLT on Wheat bread 200	Greek Salad 100	Garden Salad w/ egg 187	Bologna & Cheese on a bun 161
VEGGIES	Green Beans	Celery	Carrots	Broccoli	Salsa
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